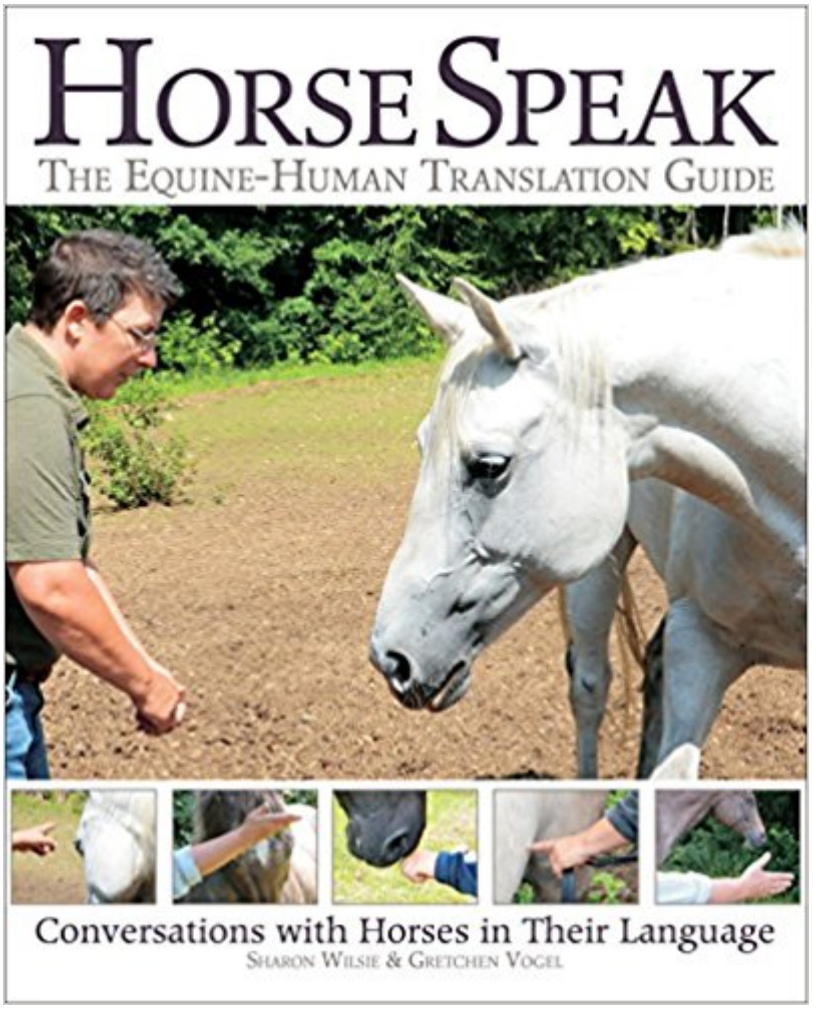
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# Horse Speak: An Equine-Human Translation Guide: Conversations With Horses In Their Language




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## Synopsis

Horse Speak is not a training method or techniqueÃ¢â ¬â •it is a practical system for Ã¢â ¬Å“listeningÃ¢â ¬Â• and Ã¢â ¬Å“talkingÃ¢â ¬Â• to horses in their language, instead of expecting them to comprehend ours. Horse Speak can be used by anyone who works with horses, whether riding instructor, colt starter, recreational rider, or avid competitor. It promises improved understanding of what a horse is telling you, and provides simple replies you can use to tell him that you Ã¢â ¬Å“hearÃ¢â ¬Â• him, you Ã¢â ¬Å“get it,Ã¢â ¬Â• and you have ideas you want to share with him, too.The result? Time with your horse will be full of what horse trainer and equine-assisted learning instructor Sharon Wilsie of Wilsie Way Horsemanship calls Conversations, and soon the all-too-common misunderstandings that occur between horse and human will evolve into civil discussions with positive and progressive results! Learn Horse Speak in 12 easy steps; understand equine communication via breath and body language; and discover the Four Gs of Horse Speak: Greeting, Going Somewhere, Grooming, and Gone. Practice regulating your intensity, and sample dozens of ready-made Conversations with your horse, as step-by-step templates and instructional color photographs walk you through the eye-opening process of communicating on a whole new level.

## Book Information

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## Customer Reviews

"AnimalsÃ¢â ¬â ¢from dogs to parrots to dolphins to sea lionsÃ¢â ¬â ¢have learned hundreds, sometimes thousands of human words. It’s high time humans began to understand the language of another species! This beautiful and important book is a landmark achievement along a path that will

lead our kind toward greater compassion for our fellow sentient beings."Ã¢â ¬â ¢Sy Montgomery, author of the New York Times Bestseller The Soul of an Octopus and The Good Good Pig"Filled with revealing photographs accompanied by solid explanatory text, Horse Speak provides an in-depth look at the body language of horses. Most of us know that when a horse bares his teeth and lays back his ears, trouble could be on the horizon if we don't take the hint. But there are plenty of other, more subtle cues that we miss. Horse Speak delves much deeper into that territory, encouraging us to pay closer attention to what horses are telling us and to enter into the conversation by using some of that same body language. Try out some of the activities presented in this book, and see how your horse decides to respond. We know that dogs use body language all the time to communicate with each other and with us. Why has it taken so long for us to realize that the same is true with horses?"Ã¢â ¬â ¢Wendy Williams, author of the New York Times Bestseller and Wall Street Journal 2015 Best Book The Horse: The Epic History of Our Noble CompanionIf a horse looks away when you are not close to him, it can mean he is feeling Ã¢â ¬Å“invaded.Ã¢â ¬Â• Joe told me I had reached the edge of his Bubble of Personal Space&#150essentially his edge of safety where humans are concerned. All horses have a different size personal space, as well as humans. &#151RetiredRacehorseProject.com, May 2017Ã¢â ¬Å“In their bestselling book Horse Speak, horsewoman Sharon Wilsie and Gretchen Vogel explain the Ã¢â ¬ËœXÃ¢â ¬â„¢ factor that resolves all kinds of communication issues we have with our horses.Ã¢â ¬Â• On the Horse Magazine, March&#47April 2017Ã¢â ¬Å“This book offers readers a chance to connect with their horses on equine terms and from the horse's perspective.Ã¢â ¬Â•Ã¢â ¬â •www.sentinelsource.comHumans use symbolic words to convey their desires, intents, emotions, reactions, responses. Horses use distinct body actions &#151 bowed heads, nose&#45to&#45nose touches, tail flicks, matching steps. Sharon Wilsie runs Wilsie Way Horsemanship in Westminster, Vt. Co&#45author Gretchen Vogel of Keene has been a lifelong horse owner and rider. Together they have created the intriguing groundbreaking guidebook Ã¢â ¬Å“Horse SpeakÃ¢â ¬Â• for human&#45horse interspecies communication. In their challenging decoding of equine language, they&#39ve created a book of humans and horses acting, reacting and interacting among each other and captured the revealing nuances of this fascinating world in full&#45color photographs. Wilsie emphasizes two areas of particular importance to this engaging work &#151 Ã¢â ¬Å“breath and body language speak,Ã¢â ¬Â• she says and which she breaks down into the categories Greeting, Going Somewhere, Grooming and Gone. These comprise the framework of equine interrelationships and almost all &lddiscussionÃ¢â ¬Â• among horses &#151 and, Ã¢â ¬Å“I feel, between horses and

humans.Ã¢â ¬Â• The authors break down the process of Ã¢â ¬Å“seeingÃ¢â ¬Â• equine language into Ã¢â ¬Å“12 Easy Steps,Ã¢â ¬Â• that is, how readers and riders learn to communicate step&#45by&#45step with their horses. For example, the authors write, Step 1 begins by realizing that Ã¢â ¬Å“Horses prefer a calm and thoughtful state of being. Their survival depends on their ability to observe what is happening around them and seeing each other's subtle messages.Ã¢â ¬Â• Horses do not thrive on stress and excitement. Banshees they are not. So, Wilsie says, Ã¢â ¬Å“I regularly observe my herd and usually see some standing a few feet apart, some lying down, and others grazing &#151 but all striving for a steady state of calm.Ã¢â ¬Â• Calm for horses tells them all is well. Wilsie and Vogel urge riders to learn Horse Speak by Ã¢â ¬Å“beginning with zero and go from there.Ã¢â ¬Â• In other words, be quiet inside &#151 nurture an inner zero to help establish a more palpable Ã¢â ¬Å“presenceÃ¢â ¬Â• with your horse to be open to Ã¢â ¬Å“seeingÃ¢â ¬Â• your horse&#39s language. Most of the time, the authors say, horses Ã¢â ¬Å“whisperÃ¢â ¬Â• with their body language&#58 a peaceful head nod, the tiny twitch of the tail, the intention to pick up a foot with a shift of balance. Ã¢â ¬Å“Sometimes,Ã¢â ¬Â• Wilsie says, Ã¢â ¬Å“I have my students stand in the vicinity of their horses, balance their weight on both feet, and breathe into their bellies. Then we all notice if and how the horses respond,Ã¢â ¬Â• adding that every gesture a horse makes, even the most subtle, carries meaning. Horses communicate with us all the time, Wilsie and Vogel write. For example, at hay feeding time, glance back to notice that one ear of every horse remains on you even when the horse is still alert to you. It is the kind of thing horses do with each other, they write&#58 All movements in a herd are noticed. Over time and with practice, horse owners and riders learn to notice the smallest of communications, like the horses do with other horses. Catching cues becomes easier. For example, the more defensive the message, the higher the horse will hold his head. A horse might say, Ã¢â ¬Å“No!Ã¢â ¬Â• with a tail swish and a hind foot stomp. A high head can also indicate the horse is confused. When truly scared, a horse lifts his head and pulls it backward out of what he perceives to be harm's way. Horses have a highly ritualized and predictable language expressed through specific body movements. You can mimic their body language back to them, called Ã¢â ¬Å“mirroring,Ã¢â ¬Â• and make conversation possible. Look where the horse looks and stop when the horse stops. The useful cues of horse breaths vary. The greeting breath is three breaths toward another horse from a distance. Horses sniff each other as a Ã¢â ¬Å“drive-by greeting.Ã¢â ¬Â• Blow three huffing breaths at your horse and watch for his nostrils to flare as he greets you in return. Beckoning breath, interested breath, nurturing breath, relaxing breath, shuddering breath, sentry breath &#151 each has individual techniques of recognition, which may

be a twitch or a flicker of his ear. Pauses are pivotal in a Ã¢â ¬Å“conversationÃ¢â ¬Â• with horses, the interval in between actions. The horse that wants company will simply gaze, with a lowered head, at the horses he is welcoming. Any time your horse puts his muzzle to the ground and is not eating, whether in a halter, bridle or at liberty, it is a version of an Ã¢â ¬Å“aw&#45shucks pauseÃ¢â ¬Â• in your approach. Take a few seconds to do the human version, scuffing your foot and looking down. Wilsie diagrams and labels cue zones on a schematic drawing based on mother-colt teachings. Touching a horse&#39s muzzle, for example, is the greeting button, similar to a human handshake. Another Ã¢â ¬Å“buttonÃ¢â ¬Â• to touch means Ã¢â ¬Å“follow me.Ã¢â ¬Â• Ã¢â ¬Å“Grooming button,Ã¢â ¬Â• Wilsie says, Ã¢â ¬Å“is absolutely about connection and affection.Ã¢â ¬Â• Ã¢â ¬Å“Once you start to see Horse Speak as it is expressed in a horse&#39s tail,Ã¢â ¬Â• Wilsie continues, Ã¢â ¬Å“you'll be flabbergasted you did not see it before.Ã¢â ¬Â• A horse&#39s tail signals expression of confidence, fearful or joyful excitement, tension, content, frustration, annoyance, fear and anger. Ã¢â ¬Å“I have come to believe that horses have in their social agreement with us a Ã¢â ¬ËœDo no harm clause,Ã¢â ¬â„¢Ã¢â ¬Â• the authors write, Ã¢â ¬Å“or we couldn&#39t have survived with them for thousands of years.Ã¢â ¬Â• Otherwise, they point out, horses express all kinds of subtle language before they kick or bite one another. What leads up to the kick is their conversation&#58 a tail flick to show annoyance; a shift of weight that looks like a slight lean to free up a leg; or even the lifting of a foot as a more direct threat. These are all early&#45warning cues before the strike, which comes with surgical precision. There is no need to resort to striking a horse, the authors write, Ã¢â ¬Å“because learning Horse Speak keeps you calm and teaches you how to hear what the horse is saying, which in the end will make you safer.Ã¢â ¬Â• Wilsie and Vogel include very many detailed action photographs in their Translation Guide and Conversations with Horses in Their Language. And much of the added value of Ã¢â ¬Å“Horse SpeakÃ¢â ¬Â• includes the many photos displaying the grace and exchange of these beguiling animals.

Sharon Wilsie is a professional animal trainer and rehabilitation expert who regularly works with horses for private clients and at equine rescues. She develops and teaches equine-assisted learning programs at the high school and college level. Wilsie is also a Reiki Master/Teacher. She runs Wilsie Way Horsemanship from her base in Westminster, Vermont (wilsiewayhorsemanship.com).Gretchen Vogel is a life-long horse owner and rider, as well as an avid gardening expert. She is the author of two previous books: Solar Gardening and Choices in the Afterlife. She lives in Keene, New Hampshire.

I haven’t finished (nor barely started this book) but I have a strong feeling it will become my Bible. I have always been profoundly saddened by not knowing what my horse is feeling, saying, doing. If there was any way to understand her I would go to the moon and back.Here comes a beautifully written book instead. You can tell by the great pictures that they have something going on. Thank you for writing this. We’ve been waiting!!!!!

I love this book. There’s a lot of horse behavior books out there. This is one of the best. It will really improve communication with your horse.

I was sceptical at first but this really works! I am only 43% through this book. I have put into practice everything Sharon Wilsie has said and my horse and I are much closer. Anyone who wants to get close to their horse must read this book. You can communicate with your horse in their language. I love it!

A truly thoughtful and useful book if you are looking to deepen your relationship with your equine friend.Any good relationship is all about listening...and humans are often not attentive enough to what their horses are telling them.This book will help the reader open up, observe, understand better the world of horses...and make themselves understood better.When learning a new language, one need to put in the efforts to attain bilingualism !

Absolutely wonderful! If you want a true relationship with your horse this is the book for you!

Love the concept of learning how to speak horse language instead of struggling making her learn mine. I have noticed some significant changes in my horse and myself. I have a lot to learn but the journey has been enjoyable and introspective. Highly recommend to anyone who wants to develop a partnership with their horse.

I have been looking for a book like this for many years. I had tremendous success with dog training by learning how dogs communicate to each other. When I starting riding again as an adult I looked for similar information on horses. I bought many books and was usually very disappointed. This book is the book I was hoping to find all those years. I am so greatful to finally have this information and have it so clearly explained.

awsome book great i was so pleasantly surprised horse lovers this is it if i was to buy it would buy it again 10 x over

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